

錬士審査申込者 各位

TO: Applicants for AJKF RENSHI Shogo

小論文要領（錬士）／Instructions for Essay Test (RENSHI)
（2026 年 春審査／Spring Exam 2025）

所属剣連会長より、全剣連錬士受審推薦を受けられることになった申込者は、下記要領で小論文を作成し、所属剣連会長へ提出する。

① 課題：平成 19 年 3 月 14 日制定の「剣道指導の心構え」の要点を記し、それをふまえたうえでのあなたの剣道修業について述べなさい。
*居合道、杖道の場合は、文中の「剣道修行」を「居合道修行」「杖道修行」とそれぞれ読み替える。*必ず下記注意事項および添付資料を参照すること。

② 言語と書き方

小論文に使用する言語は、剣道、居合道及び杖道のいずれも母国語を日本語に翻訳したものとする。元の英文がある場合はそれも提出する。

③ 用紙・字数・枚数

書式は自由であるが、最初の行に①の課題名を書く。次の行に所属する加盟団体名（国／地域と団体名）と氏名を書く。小論文はその次の行より始める。（書き始めは 1 文字下げて始めること。）
400 字以上 800 字以内とし、使用する用紙は A4 サイズで 1～2 枚とする。なお、2 枚にわたる場合はホチキス止めする。

④ 提出にあたって

小論文の最後には、申込者本人が自筆で署名し、所属剣連会長の自筆署名も受ける。

（所属剣連会長が署名するのは、申込者本人が作成した小論文であるとの確認のためのものであり、内容について承認等をするものではない。）

小論文を封筒に入れ、封筒の表に「錬士受審小論文」と「剣道／居合道／杖道のいずれか」を書き、裏に加盟団体名（国／地域と団体名）と氏名を書く。その後必ず封印してから所属剣連会長へ提出する。剣連会長は他の書類一式とともに全剣連へ提出する。

注意事項

本小論文要領に従わない体裁で書かれたものは、審査の対象からはずされますので、必ず要領に従うようお願いいたします。特に文字数や用紙枚数など、本要領に従うようご注意ください。

全剣連発行の称号制度に関し、受審者が参考とすべき本：全日本剣道連盟 称号・段位審査規則、細則、実施要領（剣道・居合道・杖道）。この他の全剣連出版の書籍も参考とすることを強くお勧めします。

「剣道指導の心構え(The Mindset of Kendo Instruction)」およびその解説については、全剣連月刊雑誌「剣窓（平成 20 年 2 月号）」（日本語）、全剣連ウェブサイト・過去のニュース一覧・平成 19 年 3 月（日本語）および添付資料（英語）を必ず参照のこと。

When you receive the recommendation from the President of your Federation to take AJKF Renshi Shogo Examination, you must write an essay based on the following instructions and submit it to the President of the organization.

① Subject: Write 'The Mind set of Kendo Instruction (Kendo Shido no Kokoro Gamae)' established on March 14, 2007 by AJKF and describe your Kendo Shugyo (practice and process of training & polishing your mind and body) based on the Instruction book.

* In case of Iaido/Jodo, the word 'Kendo Shugyo' shall be respectively replaced with 'Iaido Shugyo' or 'Jodo Shugyo'. * Please be sure to refer to the notes below and the material below.

② Language used in the Essay

The language used for the Shogo examination essay must be written in Japanese. You may use the AI translator if you are unable to write the essay in Japanese, however, in this case you must hand in the original essay that is written in English.

③ Sheets used, number of letters in an essay and number of sheets used

Any format is accepted. Please write the Subject written in the first line of your essay.

In the next line, write the name of your Federation that you belong with (country/region and the name of the organization) and your name. You can start your essay from the next line. (You should put a space when you start the essay.) **The number of the letters used in an essay shall be approximately 400 – 800. And the number of the pages (sheets) must be 1 or 2 pages. The size of the paper should be A4.**

If your essay is written in two pages, you should staple the sheet at the upper corner.

④ When you submit the essay

At the end of the essay, you (=applicant) must sign your name and must put the signature of the President of the organization that you belong to.

(The purpose of the signature of the President is to confirm that the Essay was written by the applicant himself/herself.)

When you submit the essay, you must put it in an envelope and seal it. Please write 'Essay for RENSHI Examination' and the discipline 'Kendo, Iaido or Jodo' on the front page of the envelope. And on the back of the envelope, please write your name and the Federation name that you belong to. Seal the envelope and submit it to the President of the organization you belong to. The President shall submit the complete set of the application documents including the essay to AJKF.

*Notes

If you write an essay without following the instructions above, there is a possibility that your essay would not be examined in AJKF. Therefore, you must follow the instructions written above.

The books the applicants should refer to in writing the essay: AJKF Shogo and Dan Examination Regulations, its Subsidiary Rules and Essential Points of the Operation of AJKF Shogo/Dan Examination (Kendo, Iaido and Jodo). It is also strongly recommended to refer to other AJKF books as well.

Concerning ‘The Mindset of Kendo Instruction (Kendo Shido no Kokoro Gamae)’and its explanations, please refer to the AJKF monthly magazine‘Ken-So’(Japanese, February 2008 version), AJKF Web site (Japanese,Past News March 2007) and the attachment (English).

“The Mindset of Kendo Instruction” and its explanation

(The Significance of the Shinai)

For the correct transmission and development of Kendo, efforts should be made to teach the correct way of handling the shinai in accordance with the principles of the sword.

Kendo is a way where the individual cultivates one’s mind (the self) by aiming for shin-ki-ryoku-itchi (unification of mind, spirit and technique) utilizing the shinai. The “shinai-sword” should be not only directed at one’s opponent but also at the self. Thus, the primary aim of instruction is to encourage the unification of mind, body and shinai through training in this discipline.

(Reiho - Etiquette)

When instructing, emphasis should be placed on etiquette to encourage respect for partners, and nurture people with a dignified and humane character.

Even in competitive matches, importance is placed on upholding etiquette in Kendo. The primary emphasis should thus be placed on instruction in the spirit and forms of reiho (etiquette) so that the practitioner can develop a modest attitude to life, and realize the ideal of koken-chiai (the desire to achieve mutual understanding and betterment of humanity through Kendo.)

(Lifelong Kendo)

While providing instruction, students should be encouraged to apply the full measure of care to issues of safety and health, and to devote themselves to the development of their character throughout their lives.

Kendo is a “way of life” that successive generations can learn together. The prime objective of instructing Kendo is to encourage the practitioner to discover and define their way in life through training in the techniques of Kendo. Thus, the practitioner will be able to develop a rich outlook on life and be able to put the culture of Kendo into use, thereby benefitting from its value in their daily lives through increased social vigour.

March 14, 2007

All Japan Kendo Federation

* Translation of ‘Kendo Shido no Kokoro Gamae (The Mindset of Kendo Instruction)’ and its explanation in Japanese